Women's HEALTH ADVOCATES

My Vote. Our Health.

2026 FEDERAL ELECTIONS • VOTER GUIDE

Races to Watch

We have analyzed the toss up seats for the 2026 Midterm Elections to provide insights on where candidates and incumbents stand on women's health. These races will determine who controls Congress in 2027 and what issues are prioritized.

By G2G Consulting: Liz Powell, Esq., MPH, Kylee Rock, and Anna Kate Simpson

RACES BY THE NUMBERS

68 CANDIDATES EVALUATED

10 U.S. SENATE SEATS

24 U.S. HOUSE SEATS

How to read this guide

Each race occupies one block. The two candidates appear side by side with a short summary of their record on women's health — some relevant bills they have co-sponsored, and relevant experience.

Summaries are descriptive, not endorsements. If a candidate has no record, the guide indicates this.

Legend

TOP TARGET — Seat won in 2024 by 5 points or less, or polling indicates the seat is a toss-up.

CONTESTED — Competitive, but leans Democrat or Republican.

SEAT STATUS — Indicates if open seat or not.

Democrat candidate on left, Republican candidate on right.

34 races

AK SENATE	GA SENATE	IA SENATE	KS SENATE	ME SENATE	MI SENATE	NH SENATE
NC SENATE	OH SENATE	TX SENATE				
AZ-01	AZ-06	CA-22	CO-08	FL-14	FL-22	FL-25
IA-01	IA-03	MI-07	MI-10	NC-11	NJ-07	NY-17
OH-07	OH-09	PA-07	PA-08	PA-10	TX-15	TX-34
VA-02	WA-03	WI-03				

SENATE RACES

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Alaska / U.S. Senate

TOP TARGET

Mary Peltola

DEMOCRAT · FMR U.S. REPRESENTATIVE

First Yup'ik woman elected in 2022 to the House and lost re-election in 2024. Co-sponsored the Access to Breast Cancer Diagnosis Act, Metastatic Breast Cancer Access to Care Act, Public Health Nursing Act, Women's Health Protection Act, and the Equal Access to Abortion Coverage in Health Insurance to end the Hyde amendment.
https://marypeltola.com

VS

Dan Sullivan

REPUBLICAN · INCUMBENT SENATOR

Elected in 2014. Lead co-sponsor for Optimizing Postpartum Outcomes Act and co-sponsored the MARCH Act for military contraception access; voted against the Women's Health Protection Act; co-sponsored national abortion restriction bills; as AK Attorney General (2009-2013) approved circulating a fetal "personhood" ballot initiative.
https://www.sullivan.senate.gov/

RACE NOTE Peltola is considered a top target given her prior statewide win in the 2022 special election and strong name recognition.

Georgia / U.S. Senate

TOP TARGET

Jon Ossoff

DEMOCRAT · INCUMBENT SENATOR

First millennial U.S. Senator and Georgia's first Jewish senator, elected in 2021. Co-sponsored Women's Health Protection Act, Right to Contraception Act, Access to Family Building Act for IVF, Social Determinants for Moms Act, MOMS Who Serve Act, and Improving Access to Maternal Health for Military and Dependent Moms Act; led and passed amendment to expand VA funding for mobile mammography units.
https://electjon.com

VS

Mike Collins

REPUBLICAN · U.S. REPRESENTATIVE

Elected in 2022 to House. Co-sponsored Defund Planned Parenthood Act, supports Life at Conception Act, identifies as "100% pro-life" and has not been active on contraception, IVF access or as a co-sponsor of breast cancer bills.
https://mikecollinsga.com

RACE NOTE Ossoff defeated incumbent Senator Perdue by 50.6%-49.4% and is polling ahead of Collins, who has been controversial for antisemitic ties.

Iowa / U.S. Senate

TOP TARGET

Josh Turek

DEMOCRAT · STATE REPRESENTATIVE

Two-time Paralympic gold medalist for Team USA, elected as State Rep. in 2022. Sponsored state bill to establish nurse preceptor tax credits aimed at bolstering the state's healthcare workforce and bill to assist female juveniles access care; Campaigns on making Roe v. Wade the law again and Iowa's OB-GYN shortage; sponsored state-level repeal of abortion ban and restoring Medicaid funding.
https://turek4iowa.com

VS

Ashley Hinson

REPUBLICAN · U.S. REPRESENTATIVE

Elected to House in 2022. Sponsored Maternal & Child Health Stillbirth Prevention Act that is law, Long-acting Reversible Contraception Access Expansion Act, Allowing Greater Access to Safe and Effective Contraception Act, Community Access to Treatment and Care for Health through Increased Testing Act to access mammograms in rural areas; co-sponsored Life at Conception Act: no rape/incest exceptions.
https://ashleyhinson.com

RACE NOTE Open seat due to the retirement of Senator Joni Ernst (R-IA). Polling indicates a very tight race within margin of error so essentially a tie.

Kansas / U.S. Senate

CONTESTED

Adam Hamilton

DEMOCRAT · Pastor of the United Methodist Church of the Resurrection

Served as a pastor for 36 years through which raised money to fund food and healthcare services to the community; campaigns for woman's right to choose and prevent government interference by codifying access to contraception and requiring insurers to cover over the counter birth control.
https://hamiltonforkansas.com

VS

Roger Marshall

REPUBLICAN · INCUMBENT

Elected in 2020 to Senate. Sponsored Find It Early Act for breast cancer screening access; co-sponsored Heartbeat Protection Act, Born-Alive Abortion Survivors Protection Act, Pregnant Women Health and Safety Act, and an amendment to FDASLA requiring ultrasounds before medication abortion.
https://kansansformarshall.com

RACE NOTE Seat leans Republican, but is drawing national attention due to the 700+ medical-debt collection lawsuits filed by Marshall's healthcare practice.

Maine / U.S. Senate

TOP TARGET

Troy Jackson

DEMOCRAT · FMR STATE SENATOR

As Maine Senate President, he co-sponsored the 2023 law signed by Governor Janet Mills that allows a woman to receive a medically necessary abortion at any point in pregnancy; earlier in his career he opposed same sex marriage and held anti-abortion positions with 100% ratings from Maine's Right to Life in 2003 and 2010, and in 2011 was the only Democrat in the Maine Senate to vote for a 'fetal personhood' bill that failed; since July 2026 he switched positions stating he was 'wrong' on same sex marriage and abortion; he led on expanding healthcare coverage, protecting rural hospitals and ensuring access to breast cancer screening
https://www.jacksonformaine.com

VS

Susan Collins

REPUBLICAN · INCUMBENT SENATOR

Elected in 1996 to Senate. Co-sponsored Preventing Maternal Deaths Act, Find It Early Act for breast cancer screening access, SCREENS Cancer Act for breast and cervical cancer screening access, and many bills on osteoporosis screening and women's biomedical research; co-sponsored Reproductive Choice Act and the Reproductive Freedom For All Act; voted for contraceptive access and federal family-planning funding and against national abortion bans; as Appropriations Chair led funding and policy directives to advance women's health programs such as Office of Research on Women's Health.
https://susancollins.com

RACE NOTE One of the most closely watched Senate races in the country due to Jackson's sudden entry into the race due to Platner's withdrawal in July.

Michigan / U.S. Senate

TOP TARGET

Abdul El-Sayed, MD, DPhil in Public Health

DEMOCRAT · FMR DETROIT HEALTH DIRECTOR

Executive Director of Detroit Health Department and Director of Public Health for Wayne County. Reorganized municipal bankruptcy and restructured Wayne County's health agency. As epidemiologist, he led lead paint assessment, free glasses for kids, medical debt elimination, and to reproductive health services.
https://abdulforsenate.com

VS

Mike Rogers

REPUBLICAN · FMR U.S. REPRESENTATIVE

Elected in 2000-2015 to House. Co-sponsored Breast Cancer and Environmental Research Act and Breast Cancer Patient Protection Act and in 2003 and 2005 worked to withdraw FDA approval for the abortion medication mifepristone and supported defunding Planned Parenthood; co-sponsored fetal personhood measures and voted for a 20-week national abortion ban; campaigning for IVF access.
https://rogersforsenate.com

RACE NOTE Open seat due to the retirement of Senator Mike Peters (D-MI).

New Hampshire / U.S. Senate

TOP TARGET ELD

Chris Pappas

DEMOCRAT · U.S. REPRESENTATIVE

Elected in 2018 to House. First openly gay man to represent NH in Congress. Co-sponsored DONOR Milk Act, Expanding Access to Family Planning Act, Maternal Vaccination Act, Black Maternal Health Momnibus Act, Right to Contraception Act, Women's Health Protection Act, and My Body My Data Act; led Protecting Rural Telehealth Access Act.
https://chrispappas.org

VS

John Sununu

REPUBLICAN · FMR GOVERNOR & SENATOR

Elected in 1997 to House then 2003-2012 to Senate. Co-sponsored Breast Cancer and Environmental Research Act and Midwifery Care Access and Reimbursement Equity Act; voted for the Partial-Birth Abortion Ban Act in 2003 and voted against adding an exception the health/life of mother; oversaw product safety and FDA communications at Boston Scientific as it fought to keep pelvic mesh on the market amid 1,000s of lawsuits resulting in FDA banning their product.
https://www.sununusenator.com

RACE NOTE Open seat due to the retirement of Senator Jeanne Shaneen (D-NH).

North Carolina / U.S. Senate

CONTESTED

Roy Cooper

DEMOCRAT · FMR GOVERNOR

Elected in 2016 to Governor. As governor, expanded Medicaid, extended postpartum coverage, signed maternal health legislation, and defended access to abortion, IVF, and contraception after the Dobbs decision.
https://roycooper.com.

VS

Michael Whatley

REPUBLICAN · FMR RNC CHAIR

No women's health-specific actions identified, campaigns as a 'pro-life' candidate who supports complete ban on abortion access with no exception for health of the mother, and former RNC Chair.
https://michaelwhatley.com

RACE NOTE Open seat due to the retirement of Senator Thom Tillis (R-NC).

Ohio / U.S. Senate

TOP TARGET

Sherrod Brown

DEMOCRAT · FMR U.S. SENATOR

Elected in 2012 to Senate and in 2006 to House. Sponsored HealthyMOM Act and Women's Health Protection Act since 2013. Co-sponsored Right to Contraception, Right to IVF access, the Momnibus and abortion rights bills.
https://sherrodbrown.com

VS

Jon Husted

REPUBLICAN · INCUMBENT SENATOR

Elected in 2025 to Senate as Lieutenant Governor. Very little legislative activity on women's health. Backed Ohio's 6-week "Heartbeat Bill" in Ohio, opposes federal efforts to codify Roe and co-sponsored the Reproductive Empowerment and Support through Optimal Restoration Act" (RESTORE Act).
https://www.jonhustedforsenate.com

RACE NOTE Former Senator Brown lost 46.4%-50.2% to now Senator Bernie Moreno. Senator Husted was appointed due to VP JD Vance vacating the seat in 2025.

Texas / U.S. Senate

TOP TARGET

James Talarico

DEMOCRAT · STATE REPRESENTATIVE

Elected in 2018 to State House. Co-sponsored bills in Texas for perinatal bereavement, dementia research, informed consent, suicide prevention, access to menstrual products, and consistently voted against abortion restrictions in Texas
https://jamestalarico.com

VS

Ken Paxton

REPUBLICAN · ATTORNEY GENERAL

First Attorney General in the nation to sue out-of-state abortion-pill providers; sued the Biden administration in 2022 to make Texas the only state blocking a federal law that protected abortions for people in medical emergencies; stated supports restricting IVF; launched civil investigations into major feminine care and cosmetic brands (Tampax, Kotex, LOLA) focusing on potential deceptive trade practices on safety claims, microplastics, and trace heavy metals.
https://www.kenpaxton.com

RACE NOTE Open seat because Senator John Cornyn (R-TX) lost his primary to Ken Paxton.

HOUSE RACES

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Arizona / U.S. House — District 1

TOP TARGET

Amish Shah, MD, MPH

DEMOCRAT · FMR STATE REPRESENTATIVE

Elected 2023-2024 and 2019-2023 to State House. An emergency physician named a 2022 Women's Health Champion. Co-sponsored bills to address prior authorization, step therapy, care for pregnant women, prison associated with abortion care, Right to Contraception Act, restrictions on mifepristone, and protection of healthcare workers from employer retaliation.
https://www.amishforarizona.com

VS

Jay Feely

REPUBLICAN · FIRST-TIME CANDIDATE

A former NFL kicker and CBS Sports analyst, he co-founded the Feely Family Foundation. He has no legislative record on women's health but has repeatedly shared his position on women in sports as very emotional and undeserving of a pay increase above the minimum salary of $66,000 within the WNBA and supports defunding Planned Parenthood.
https://www.jayfeelyforcongress.com

RACE NOTE Open seat due to retirement of Rep. David Schweikert (R-AZ) who ran and lost primary for governor. Shah ran in 2024 and lost to Schweikert by 51.9%-48.1%.

Arizona / U.S. House — District 6

TOP TARGET

JoAnna Mendoza

DEMOCRAT · FIRST-TIME CANDIDATE

A 20-year Marine Corps veteran running on healthcare access and affordability, rural care delivery, and veterans' access; stated need to improve women's healthcare, esp. menopause.
https://www.joannamendoza.com

VS

Juan Ciscomani

REPUBLICAN · INCUMBENT

Elected in 2022 to House. Co-led Allowing Greater Access to Safe and Effective Contraception Act, MIDWIVES for Service-members Act; co-sponsored Women and Lung Cancer and Menopause Research & Equity Acts.
https://juanciscomani.com

RACE NOTE Rep. Ciscomani always faces a tough re-election, winning by 50.0% of the vote in 2024 with 47.5% to the Democrat and 2.5% to the Green party.

California / U.S. House — District 22

TOP TARGET

Randy Villegas

DEMOCRAT · SCHOOL BOARD TRUSTEE

Professor and school board trustee running on expanding coverage, protecting Medicaid and Medicare, lowering drug costs, and enabling universal childcare and family leave.
https://www.villegasforcongress.com/

VS

David Valadao

REPUBLICAN · INCUMBENT

Elected in 2012 to House. Co-sponsored Metastatic Breast Cancer Access to Care Act, bills on rural access and Medicaid, and Healthy Moms and Babies Act and Supporting Newborn Parents Act.
https://valadaoforcongress.com

RACE NOTE This seat is always a toss-up. Rep. Valadao lost re-election in 2018 by 862 votes, but won his seat back in 2020 by 51% to 49%. He won by 53.5% in 2024.

Colorado / U.S. House — District 8

TOP TARGET

Manny Rutinel, Esq., MSc

DEMOCRAT · STATE REPRESENTATIVE

Elected in 2022 to State House. Has sponsored healthcare access, consumer protection, and affordability bills in the Colorado House, but none specific to women's or maternal health.
https://www.mannyforcolorado.com/

VS

Gabe Evans

REPUBLICAN · INCUMBENT

Elected in 2024 to House. Co-sponsored Mobile Cancer Screening Act and abortion bills with rape/incest exemptions and when a mother's life is at risk. His priorities are border security, public safety, energy, and veterans' issues.
https://www.electgabeevans.com/

RACE NOTE Rep. Evans won in 2024 by 49.0% to 48.2%.

Florida / U.S. House — District 14

TOP TARGET

Kathy Castor

DEMOCRAT · INCUMBENT

Elected in 2006 to House. Sponsored Advancing Safe Medications for Moms & Babies Act; co-sponsored Connected MOM Act, Women & Lung Cancer Research & Preventive Services Act, Uterine Fibroid Research & Education Act, Access to Birth Control Act, Women's Health Protection Act, and SCREENS Cancer Act for breast cancer.
https://castorforcongress.com

VS

Mike Beltran, Esq.

REPUBLICAN · FMR STATE REPRESENTATIVE

Elected in 2018 to State House. No record on women's health legislation except for proposing restrictions on abortion access outside of medical emergencies to save a pregnant minor's life.
https://beltranforcongress.com

RACE NOTE Rep. Castor won her seat in 2024 by 56.9% and her district was redrawn to favor Republican voting in 2026.

Florida / U.S. House — District 22

TOP TARGET

Pia Dandiya

DEMOCRAT · EDUCATOR/APPLE EXECUTIVE

Educator founded school in Harlem and ensured all students earned college admission; leads Apple initiatives; supports reproductive health.
https://piaforcongress.com

VS

Casey Askar

REPUBLICAN · CEO of Askar Family Office

U.S. Marines and CEO of Askar Family Office, in commercial real estate and construction; no record; supports abortion ban.
https://www.caseyaskar.com

RACE NOTE Open seat created due to redistricting as incumbent Rep. Lois Frankel (D) switched to run in FL-23.

Florida / U.S. House — District 25

TOP TARGET

Jared Moskowitz

DEMOCRAT · INCUMBENT

Elected in 2022 to House. Co-sponsored the Women's Health Protection Act and affordable abortion coverage.
https://jaredforflorida.com/

VS

Scott Singer

REPUBLICAN · MAYOR OF BOCA RATON

Elected in 2018 to Mayor. Mayoral record centers on fiscal responsibility, economic development, and public safety.
https://www.scottsingerusa.com

RACE NOTE Rep. Moskowitz won in 2024 by 52.4% and by 51.6% in 2022.

Iowa / U.S. House — District 1

TOP TARGET

Christina Bohannan, Esq.

DEMOCRAT · FMR STATE REPRESENTATIVE

Elected in 2020 to State House. Sponsored bills addressing reproductive healthcare access and affordability and human trafficking and elder abuse, and led in blocking an anti-abortion constitutional amendment. Led in expanding access to preventive healthcare for women.
https://bohannanforcongress.com

VS

Mariannette Miller-Meeks, MD

REPUBLICAN · INCUMBENT

Elected in 2020 to House. Ophthalmologist who led on breast cancer bills: EARLY Act and SCREENS for Cancer Act; co-led Orally Taken Contraception Act for over-the-counter use; co-sponsored Preventing Maternal Deaths Act; co-sponsored Life at Conception Act
https://www.drmillermeeks.com

RACE NOTE Decided by under 1 point in 2024 — a rematch for Miller-Meeks and Bohannan.

Iowa / U.S. House — District 3

TOP TARGET

Sarah Trone Garriott

DEMOCRAT · STATE SENATOR

Elected in 2020 to State Senate. Minister who is Ranking on Iowa Senate Health Appropriations Committee; co-sponsored family leave and medical leave insurance, Medicaid family planning and doula care, long-term care, sales tax exemption for feminine hygiene products and diapers; champions reproductive rights
https://sarahforiowa.com

VS

Zach Nunn

REPUBLICAN · INCUMBENT

Elected in 2022 to House. Led HEALTH for MOM Act, Harnessing Effective and Appropriate Long-Term Health for Moms on Medicaid Act and HOPE with Fertility Services Act; co-sponsored Metastatic Breast Cancer and SCREENS Cancer Act; opposes abortion but also a federal ban and supports rape/incest exceptions.
https://zachnunn.com

RACE NOTE Rep. Nunn won by 51.8% to 47.9% in 2024 — making this a seat that can easily flip party control.

Michigan / U.S. House — District 7

TOP TARGET

William Lawrence

DEMOCRAT · COMMUNITY ORGANIZER

Activist organizer for the environment, renewable energy, and housing; supports reproductive health rights.
https://wewill2026.com

VS

Tom Barrett

REPUBLICAN · INCUMBENT

Elected in 2024 to House. 22-year Army veteran; supports healthcare bills for rural access and veterans; led bill banning AI medical decisions.
https://tombarrettforcongress.com

RACE NOTE Rep. Barrett lost in 2022 then won by 50.3% to 46.5% in 2024 — making it one of the most competitive seats in the country.

Michigan / U.S. House — District 10

TOP TARGET

Christina Hines

DEMOCRAT · FMR PROSECUTOR

Led Washtenaw County's Special Victims Unit; no record on women's health; supports reproductive health rights.
https://www.christinahinesforcongress.com

VS

Michael Bouchard

REPUBLICAN · FIRST-TIME CANDIDATE

County Sheriff; nearly a decade of Army and National Guard service; priority is public safety; opposes abortion but also federal ban.
https://www.bouchardforcongress.com

RACE NOTE Open seat due to incumbent Rep. John James running for governor.

North Carolina / U.S. House — District 11

TOP TARGET

Jamie Ager

DEMOCRAT · BUSINESS OWNER

CEO of a sustainable meat family farm. No record on women's health; supports reproductive health rights.
https://agerforcongress.com/

VS

Jennifer Balcom

REPUBLICAN · STATE REPRESENTATIVE

Elected in 2022 to State House; mortgage loan officer; former Democrat. Supported health coverage parity for supplemental and diagnostic breast imaging; opposed Medicaid expansion and voted to restrict abortion access.
https://www.jenniferbalkcom.com

RACE NOTE Open seat due to incumbent Rep. Chuck Edwards (R) retiring.

New Jersey / U.S. House — District 7

TOP TARGET

Rebecca Bennett

DEMOCRAT · HEALTHCARE EXECUTIVE

Navy helicopter pilot who led health-system partnerships at Midi Health and Noom, women's health companies. Advocated for better menopause care; supports reproductive health.
https://rebeccabennettforcongress.com

VS

Tom Kean Jr.

REPUBLICAN · INCUMBENT

Elected in 2022 to House. Led IVF for Families Act and PREEMPT Act for preeclampsia screening; co-led bill to Safeguard Vaccine and Immunization Efforts through Gavi, the Vaccine Alliance; co-sponsored ABCD breast cancer bill; supports abortion pre-20 weeks of pregnancy.
https://tomkean.com

RACE NOTE Rep. Kean won reelection in 2024 by about 5% but is polling consistently 4-5 points below Bennett.

New York / U.S. House — District 17

TOP TARGET

Cait Conley

DEMOCRAT · FMR NSC DIRECTOR

16-year Army veteran and former White House NSC counterterrorism director. States running to protect and expand access to affordable healthcare, contraception and IVF and to restore federal funding to Planned Parenthood.
https://caitconley.com/

VS

Mike Lawler

REPUBLICAN · INCUMBENT

Elected in 2022 to House. Lead sponsor of IVF Access and Affordability Act, Access to Family Building Act, and Early Access to Screening Act for no-cost mammograms from age 30; co-sponsored TRICARE OB-GYN access and supports safeguarding access to contraception and to medications like mifepristone
https://www.lawlerforcongress.com

RACE NOTE One of the most-watched House races in the country as Rep. Lawler won 52.1% to 45.8% in 2024 and polling is within margin of error so essentially a tie.

Ohio / U.S. House — District 7

TOP TARGET

Brian Poindexter

DEMOCRAT · CITY COUNCIL MEMBER

First-time federal candidate and union ironworker whose platform backs reproductive rights and phasing in universal healthcare from Medicare at age of 55.
https://poindexterforcongress.com

VS

Max Miller

REPUBLICAN · INCUMBENT

Elected in 2022, U.S. Marine Corps Reserve veteran. Co-led Infertility Treatment Affordability Act; co-sponsored Metastatic Breast Cancer Access to Care Act and Access to Breast Cancer Diagnosis Act; voted against service-members' abortion-related travel reimbursement and to rescind expanded Title IX protections.
https://maxmiller.house.gov

RACE NOTE Due to allegations of abuse against two women and his daughter in separate incidents, Rep. Miller's race became a toss-up.

Ohio / U.S. House — District 9

TOP TARGET

Marcy Kaptur

DEMOCRAT · INCUMBENT

Elected in 1982 to House. Appropriations leader; co-sponsored many bills on breast cancer research, maternal health, and medical research funding, and Momnibus Act, Access to Family Building Act, Women's Health Protection Act, and Right to Contraception Act.
https://marcykaptur.com

VS

Derek Merrin

REPUBLICAN · FMR STATE REPRESENTATIVE

Elected in 2016 to State House where chaired Ways & Means and previously, House Health Committee. Sponsored state health bills but no women's health bills; supports restrictions on abortion, sponsored bill to "create the capital offense of aggravated abortion murder".
https://www.derekmerrin.com/

RACE NOTE Rep. Kaptur is the longest serving woman in Congress who despite redistricting to favor GOP won by ~1,000 votes in 2024. This is her toughest race yet.

Pennsylvania / U.S. House — District 7

TOP TARGET

Bob Brooks

DEMOCRAT · FIRST-TIME CANDIDATE

20-year firefighter. No record on women's health; platform emphasizes reproductive healthcare access, lower drug prices, and defending Medicare and Medicaid.
https://brooksforcongress.com

VS

Ryan Mackenzie

REPUBLICAN · INCUMBENT

Elected in 2024 to House. Co-sponsored Breast Cancer Research Stamp Reauthorization Act, HOPE with Fertility Services Act and diapers for military families bill; supports IVF tax credits and voted against abortion care coverage.
http://mackenzie.house.gov

RACE NOTE One of the narrowest 2024 margins in the country — defeating incumbent Rep. Susan Wild by 50.5% to 49.5%.

Pennsylvania / U.S. House — District 8

TOP TARGET

Paige Cognetti

DEMOCRAT · MAYOR OF SCRANTON

Elected in 2020 as Mayor. No women's health record as mayor; active in breast cancer events; campaigns for protecting reproductive freedom and expanding access to comprehensive healthcare, including OB-GYN and maternal care; opposes cuts to Medicaid & rural hospitals.
https://paigeforpa.com

VS

Rob Bresnahan, Jr.

REPUBLICAN · INCUMBENT

Elected in 2024 to House. Sponsored Keep WIC Working Act, protecting food program funding during shutdowns; co-sponsored Find It Early Act and Access to Breast Cancer Diagnosis Act; voted against abortion coverage but opposes federal ban.
https://robforpa.com

RACE NOTE Rep. Bresnahan defeated incumbent Rep. Matt Cartwright (D) in 2024 by 50.7% to 49.1%.

Pennsylvania / U.S. House — District 10

TOP TARGET

Janelle Stelson

DEMOCRAT · FMR NEWS ANCHOR

Emmy-winning anchor who covered Dobbs decision. No legislative record; pledges to codify Roe v. Wade and opposes a national ban and any IVF restrictions.
https://janellestelson.com

VS

Scott Perry

REPUBLICAN · INCUMBENT

Elected in 2012 to House. Co-sponsored Life at Conception Act three times. Opposed Women's Health Protection Act and Right to Contraception Act; co-sponsored IVF Protection Act.
https://perry.house.gov

RACE NOTE Rematch of 2024, which Rep. Perry won by 1.2 points — 50.5% to 49.3%.

Texas / U.S. House — District 15

TOP TARGET

Bobby Pulido

DEMOCRAT · SINGER

Latin Grammy winner whose top song on Spotify has 619 million streams, Pulido isn't facing first-time candidates' challenge of name ID. No record on women's health; stated personally pro-life but won't oppose legislation for it.
https://www.bobbypulidofortexas.com

VS

Monica De La Cruz

REPUBLICAN · INCUMBENT

Elected in 2022 to House. Co-Chairs Women's Caucus - prioritized strengthening and funding maternal health, mid-life health and expanding IVF coverage; restricted-access stance on abortion; led Healthy Babies Act; co-sponsored Metastatic Breast Cancer Access to Care Act
https://delacruz.house.gov/

RACE NOTE Despite Rep. De La Cruz winning 53.3%–44.8% in 2022 and 57.1%–42.9%e in 2024, 80% of redrawn district is brand new to her.

Texas / U.S. House — District 34

CONTESTED

Vicente Gonzalez, Esq.

DEMOCRAT · INCUMBENT

Elected in 2018 to House. Voted for the Women's Health Protection Act in 2021 and 2022; was 1 of 2 Democrats to vote for Protection of Women and Girls in Sports Act; co-sponsored Metastatic Breast Cancer Access to Care Act and IVF bills
https://gonzalez.house.gov/

VS

Eric Flores, Esq.

REPUBLICAN · ATTORNEY

Army National Guard and Former Assistant U.S. Attorney. No record on women's health; running on border security and veterans' affairs.
https://www.ericflores.com

RACE NOTE Trump won Rep. Gonzalez's district by 10 points in 2024. Texas districts were redrawn to help Republicans win up to 30 seats. This may be one of them.

Virginia / U.S. House — District 2

TOP TARGET

Elaine Luria

DEMOCRAT · FMR REPRESENTATIVE

Elected in 2018 to House and lost in 2022, Navy veteran. Co-sponsored My Body, My Data Act protecting reproductive health privacy, Access to Family Building Act, Right to Contraception Act, Women's Health Protection Act. Led enacting PACT Act on veterans' toxic exposure.
https://elaineforcongress.com

VS

Jen Kiggans, NP

REPUBLICAN · INCUMBENT

The first nurse practitioner to serve in Congress, former Navy helicopter pilot. Co-led the Orally Taken Contraception Act and IVF for Military Families Act; voted against service-members' abortion-related travel reimbursement and to rescind expanded Title IX protections.
https://jenforcongress.com

RACE NOTE Rematch as Rep. Kiggans defeated former Rep. Luria by 4% but won by 2.2% to another candidate in 2024. Trump won district by 49.5% to 49.3% in 2024.

Washington / U.S. House — District 3

TOP TARGET

Marie Gluesenkamp Perez

DEMOCRAT · INCUMBENT

Elected in 2022 to House. Co-sponsored Protecting Reproductive Freedom Act to preserve mifepristone access, Family Building Act, Fighting Fertility Fraud Act; SHINE for Autumn Act on stillbirths, Protecting Moms and Infants Act; led on miscarriage care advocacy.
https://marieforcongress.com

VS

John Braun

REPUBLICAN · STATE SENATE MINORITY LEADER

Elected in to State Senate and Navy veteran. Co-sponsored state bills on child safety and healthcare; voted against bills on emergency care for pregnant women and requiring health plans to cover birth control.
https://www.votebraun.com

RACE NOTE Rep. Perez won 50.1%–49.3% in 2022 and by 51.7%–47.9% in a rematch in 2024. President Trump won the district by 50.3%–47.0% in 2024.

Wisconsin / U.S. House — District 3

TOP TARGET

Rebecca Cooke

DEMOCRAT · SMALL BUSINESS OWNER

Founded the Red Letter Grant that helped launch 60+ women-owned businesses; speaks publicly about relying on Planned Parenthood for annual exams; stated that "makes decisions based on scientific evidence" and supports increased access to family planning.
https://cookeforwisconsin.com

VS

Derrick Van Orden

REPUBLICAN · INCUMBENT

Elected in 2022 to House. Co-led Protecting Mothers and Infants' Access to Milk Act; co-sponsored IVF for Military Families Act; identifies as "100% pro-life" and said rape/incest exceptions "evil"; lost daughter to cancer; co-sponsored Access to Breast Cancer Diagnosis & Metastatic Breast Cancer Access to Care bills.
https://www.vanordenforcongress.com

RACE NOTE A rematch as Rep. Van Orden won by 51.4%-48.6% in 2024 and by 51.8%-48.1% in 2022 to another candidate. Cooke lost the primary in 2022 by 7 points.

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